

MAHATMA K.H. on HOW TO SEEK TRUTH

Mahatma Letters to A.P. Sinnett, Letter 65, p. 169 (Chron. ed.); Letter 11, p. 64 (Barker edition), June 30th, 1882

But for the attainment of your proposed object, *viz.*, for a clearer comprehension of the extremely abstruse and at first incomprehensible theories of our occult doctrine, never allow the serenity of your mind to be disturbed during your hours of literary labour, nor before you set to work. It is upon the serene and placid surface of the unruffled mind that the visions gathered from the invisible find a representation in the visible world. Otherwise you would vainly seek those visions, those flashes of sudden light which have already helped to solve so many of the minor problems and which alone can bring the truth before the eye of the soul. It is with jealous care that we have to guard our mind-plane from all the adverse influences which daily arise in our passage through earth-life.
