

End of Life Issues

ALWAYS

- Create an open and friendly atmosphere
- Make decisions and think in terms of many lives
- Talk about what a human being really is Life atoms
- Educate what life really is Amount of life energy
- Direction to the noetic
- There's something in you that never dies

- Be aware of being part of the living whole. That thoughts and actions work from one to all others. And that you are therefore necessary and bear responsibility for others and support them.
- Shift the need for control (to stay alive whatever it takes) to self control (betterment of ones character)
- You are the architect of your life and death

BEFORE

- Start today asking questions and learn to redirect your identification/consciousness
- Be aware that intervention in life and death has consequences
- Know who what where and why: discern the state and stage of readiness (x3 for the dying person, the family and yourself)
- Cyclicality, karma and idea of the higher triad/Self
- Do I understand why I was born, what is the meaning of my life, have I completed my purpose?

Help someone prepare for panoramic vision by reviewing valuable memories of the present/past life together to draw meaning from that

40. Never allow sleep to close your eyelids, after you went to bed,
41. Until you have examined all your actions of the day by your reason.
42. In what have I done wrong? What have I done? What have I omitted that I ought to have done?
43. If in this examination you find that you have done wrong, reprove yourself severely for it;
44. And if you have done any good, rejoice.
45. Practise thoroughly all these things; meditate on them well; you ought to love them with all your heart.
46. It is those that will put you in the way of divine virtue.
(https://en.wikipedia.org/wiki/The_golden_verses_of_Pythagoras)

- You can always learn to the last moment
- Practising dying with clarity
- Understanding the complete process of dying first, it becomes easier to uplift peoples mind to a metaphysical level. In this way we can encourage people to discover their higher essence by themselves
- Prepare yourself by developing spiritual and mental strength and understanding of death/life and dying to serve others
- Indicate your own wishes in a 'Health care declaration' or appoint an authorized representative

MOMENT OF INTERACTION WITH THE DYING

- Being your higher Self so the other will be in his higher Self
- Finding the appropriate things to do and say depending on the situation using creativity empathy and compassion Cyclicality, karma and idea of the higher triad/Self
- Seize the moment with empathy
- Give the dying person his dignity back by emphasizing that they can choose how to deal with the situation
- Talking from the higher part that knows to the higher that knows in the other person and not to the personality that fears

MOMENT of dying?

Be there in silence and connect at the buddhic level

AFTER

- Gita 2: 'Grieve not for never was I not...' discernment between higher and lower nature
- Addressing the grieving: interconnectedness will always remain

'You grieve for those who should not be grieved for; yet you speak wise words. Neither for the dead nor those not dead do the wise grieve. Never was there a time when I did not exist nor you nor these lords of men.'